

# Zion Lutheran School Lunch April 2019

Monday	Tuesday	Wednesday	Thursday	Friday
1  Yogurt Plate or Pepperoni Pizza Cheez-it Crackers Crazy Corn Chilled Applesauce Choice of Cold Milk Chef Salad (6-7-8)	2  Yogurt Plate or Hot Dog Sweet Potato Fries Chilled Peaches M&M Cookie Choice of Cold Milk Ketchup, Mustard Chef Salad (6-7-8)	3  Yogurt Plate or Super Nacho's Fiesta Beans Apricot Cups Choice of Cold Milk Salsa Sour Cream Chef Salad (6-7-8)	4  Yogurt Plate or French Toast Sticks w/ Syrup Scrambled Eggs Hashbrown Coins Clementines Choice of Cold Milk Chef Salad (6-7-8)	5  Yogurt Plate or Toasted Cheese Sandwich Tomato Soup Steamed Broccoli Mixed Berries Choice of Cold Milk Chef Salad (6-7-8)
8  Yogurt Plate or Mini Pepperoni Calzones Green Beans Fresh Apple Slices Pudding Choice of Cold Milk Chef Salad (6-7-8)	9  Yogurt Plate or Chicken Rings Wheat Bread Baked French Fries Strawberries Choice of Cold Milk B.B.Q. Sauce, Ketchup Chef Salad (6-7-8)	10  Yogurt Plate or Mini Tacos Apple Churro Cheesy Beans Fresh Grapes Choice of Cold Milk Salsa, Sour Cream Chef Salad (6-7-8)	11  Yogurt Plate or Spaghetti and Meat Sauce Garlic Breadstick Tossed Side Salad Crazy Corn Frozen Fruit Cup Choice of Cold Milk Chef Salad (6-7-8)	12  Yogurt Plate or Fish Sticks Mac N Cheese X-Ray Vision Carrots Ranch Dressing Mandarin Oranges Choice of Cold Milk Chef Salad (6-7-8)
15  Yogurt Plate or Personal Pan Cheese Pizza Goldfish crackers Steamed Broccoli Chilled Pears Choice of Cold Milk Chef Salad (6-7-8)	16  Yogurt Plate or Doritos Walking Taco Fiesta Beans Chilled Applesauce Choice of Cold Milk Salsa Chef Salad (6-7-8)	17  Yogurt Plate or Popcorn Chicken Dinner Roll Mashed Potatoes & Gravy Frosty Blueberries Choice of Cold Milk B.B.Q. Sauce, Ketchup Chef Salad (6-7-8)	18  No School  Easter Break	19  No School  Easter Break
22  No School  Easter Break	23  Yogurt Plate or Chicken Soft Taco Apple Churro Crazy Corn Fresh Apple Slices Choice of Cold Milk Lettuce & Cheese Cups Salsa Chef Salad (6-7-8)	24  Yogurt Plate or Corn Dog Hummus X-Ray Vision Carrots Strawberries Pudding Choice of Cold Milk Ketchup, Mustard Chef Salad (6-7-8)	25  Yogurt Plate or Chicken Nuggets Mac N Cheese Tossed Side Salad Power Peas Chilled Pineapple Choice of Cold Milk B.B.Q. Sauce, Ketchup Chef Salad (6-7-8)	26  Yogurt Plate or Toasted Ravioli Meat Sauce X-Ray Vision Carrots Ranch Dressing Fresh Banana Choice of Cold Milk Chef Salad (6-7-8)
29  Yogurt Plate or Pepperoni French Bread Cheez-it Crackers Cheesy Broccoli Chilled Applesauce Choice of Cold Milk Chef Salad (6-7-8)	30  Yogurt Plate or Hot Dog Baked French Fries Chilled Peaches Choice of Cold Milk Ketchup Mustard Chef Salad (6-7-8)			5 Meal Ticket - \$16.00 10 Meal Ticket - \$32.00 20 Meal Ticket - \$64.00  10 Milks - \$3.50 20 Milks - \$7.00  <b>There are no refunds at the end of the school year so please purchase accordingly.</b>

Zion Lutheran School provides hot lunches for our students through the Bethalto Unit #8 District. Food, following the Federal Hot Lunch Program Guidelines, is prepared at Meadowbrook Elementary and transported to Zion each day. Free and reduced lunches are available for those who qualify. This institution is an equal opportunity provider.